







## Outlook

We know how difficult it can be to get a pet to lose weight, but trust us, it's worth it! Once your cat has reached his/her ideal shape, they will be healthier, happier and more active. They will also have the best chance of living a long, healthy life.

## FAQ's

### **What's the best cat food for overweight, indoor cats?**

If you have an overweight cat that doesn't go outside, it's likely that they are taking in more calories than they burn off each day. They will benefit from a low calorie diet, and some daily play time to get them moving around. [Read more about exercising an indoor cat.](#)

### **How do you feed two cats when one is overweight?**

Fortunately, if your cats are microchipped, there is a simple solution to this common problem. It is now possible to purchase microchip activated feeding bowls that only open for one particular cat. By using these special feeding bowls you can easily regulate how much food each of your cats has. Alternatively, you could feed your cats in separate rooms to prevent them stealing food from each other. If your smaller cat needs to be fed throughout the day, it may be necessary to feed them separately by hand.

### **How much should I feed my overweight cat?**

If your cat is overweight, it's important to feed them the amount recommended for their ideal weight, not their actual weight. So, if your cat is 5kg, but their ideal weight is 3.5kg, feed them the amount recommended for a 3.5kg cat. Don't panic if you have accidentally been overfeeding your cat, just reduce their meal sizes slowly over a couple of weeks. Ideally, your cat should graze throughout the day, split their daily allowance into at least two meals (ideally more).

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