

Preventing bleeding in the house

Some dogs bleed heavily during their season, and others are much lighter. To keep your house clean you may want to limit your dog's access to carpeted areas, sofas and bedding, use towels, or consider using a 'dog nappy'/'dog pants' to catch the blood.

FAQ's

Does my dog need to have a season before she is spayed?

No, the vast majority of dogs do not need to have a season before they are spayed. However, each dog is different and it's always a good idea to speak to your vet about the right timing for your dog.

How much blood is normal for a dog in heat?

As a general rule, big dogs tend to bleed more than small dogs, but it varies a lot, some dogs bleed heavily, some hardly bleed at all, and some are so light that you won't even notice it. Lots of dogs are also very clean, so you may not see much blood around the house if your dog is grooming themselves a lot. Always contact your vet if you are worried about the amount your dog is bleeding.

Can a dog get pregnant when not in heat?

No, a dog has to be in heat to get pregnant, but it's important to be aware that not every heat is obvious. If you suspect your dog could be in heat, or it's roughly the time that she should be, take precautions to stop her getting pregnant or consider neutering her to prevent an unexpected or unwanted litter.

How swollen is too swollen for a dog in heat?

The amount your dog's vulva swells during their season will be individual to them, but if your dog's vulva is so swollen that it's causing them pain or discomfort, contact your vet for advice.

Is a white discharge from female dog in heat normal?

No, a white discharge could be a sign of infection (such as a [pyometra](#)) and should always be checked by a vet.

Published: Oct 2020