







### **I'm keeping my cat indoors but they're not happy, what should I do?**

It's really important to continue keeping your cat inside until they are neutered, even if they really want to go outdoors. Try to keep them entertained as much as possible. You could try:

- Playing with their favourite toys
- Putting up some shelves and making new places for them to explore on top of furniture
- Making sure they have their own space in the house
- 'Scatter feeding' or treat feeders can make feeding time more fun and last longer

If your cat has suddenly started behaving differently and you're worried about them, it's best to contact your vet for advice. Behaviour changes can sometimes be a sign of a health problem so it's always safest to get veterinary advice.

### **My cat is poorly, what should I do?**

If your cat is unwell or showing signs that are worrying you, contact your local PDSA Pet Hospital for advice. [You can request a vet call back on our website](#) or if it's an emergency, call your local Pet Hospital directly. Our phone lines can be very busy but this is the quickest way to get help for your pet if they need urgent care.

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