

Teaching calmness - if your dog humps when they get over excited, help keep them calm by controlling how excited they get, and teach them to settle (with treats).

Distraction and alternative behaviours - if your dog humps to get you or other dogs to play, it's important to teach them that the fun stops when they start to hump. When they start to mount, stop them playing (by distracting them with a treat), ask them to sit down, and give them the treat. You will need to repeat this every time it happens and it might take some time for them to stop the behaviour completely.

Am I eligible for PDSA veterinary treatment?

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