

## Vomiting in cats

### Overview

- It's not unusual for cats to vomit from time to time, but if your cat vomits very regularly, or starts vomiting suddenly, this could indicate a problem.
- There are many different conditions that can cause a cat to vomit, some minor and others more serious.
- If your cat has only vomited once, you may want to try to settle their stomach at home (see below), but you should always contact your vet for advice if they seem unwell, painful or have vomited multiple times.
- Treatment will depend on what is causing your cat to vomit.

### General info



Many cats vomit from time to time, which (if they are otherwise well), is nothing to worry about. However, if your cat starts vomiting suddenly or regularly, you should have them seen by your vet.

### Causes

There are many different causes of vomiting in cats, some minor and some much more serious. Common causes include:

- [Gastritis](#) (a stomach upset)

- [Worms](#)
- Fur balls
- Pancreatitis (inflammation of the pancreas)
- Travel sickness

Some other, less common causes of vomiting in cats include:

- [Food allergies](#)
- [Hyperthyroidism](#) (overactive thyroid gland, most common in senior cats)
- [Kidney disease](#)
- [Poisons and toxins](#)
- [Gut blockage](#)
- Medication side effect
- Inflammatory bowel disease
- [Diabetes](#)
- Liver disease

## When to contact your vet

Book an urgent appointment with your vet if your cat:

- Has been vomiting for more than 24 hours
- Is vomiting repeatedly
- Is unable to keep food or water down
- Has eaten something they shouldn't have
- [Has low energy \(is lethargic\)](#)
- Has pale gums or yellow gums
- Also has [diarrhoea](#)
- Seems painful
- Has blood or black dots in their vomit
- [Is drinking or peeing more than usual](#)

If they have only vomited once or twice and seems otherwise well, you may want to try to settle your cat's stomach at home. Give small, regular, bland meals (boiled chicken/white fish) and keep them

indoors so you can monitor them. Contact your vet for an appointment if they don't improve within 24 hours. **Call your vet if your cat continues vomiting or appears to be getting worse at any point.**

## Treatment

Treatment will depend on what is causing your cat to vomit. To start with, your vet may give medication and/or advice to see if your cat's symptoms improve with time. However, if your cat seems very unwell or your vet suspects something more serious is going on, investigations and treatment in a veterinary hospital might be necessary. This is likely to include a fluid drip to keep them hydrated, medicines to stop them vomiting, blood tests, scans, x-rays and sometimes even surgery.

## Is my cat feeling sick?

If your cat is feeling sick, they are likely to have some of the following symptoms:

- Lip licking
- Swallowing more than usual
- Drooling
- Eating grass
- [Reduced appetite](#)

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